

# ***PREPARING TO TAKE MAYZENT***®

## **YOUR GUIDE TO STARTING TREATMENT**



### **What is MAYZENT® (siponimod) tablets?**

MAYZENT is a prescription medicine that is used to treat relapsing forms of multiple sclerosis, to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.

It is not known if MAYZENT is safe and effective in children.

### **IMPORTANT SAFETY INFORMATION**

#### **Do not take MAYZENT if you:**

- have a CYP2C9\*3/\*3 genotype. Before starting treatment with MAYZENT, your CYP2C9 genotype should be determined by your health care provider. Ask your health care provider if you are not sure.

**Please see additional Important Safety Information throughout the brochure and the full Prescribing Information, including Medication Guide, for MAYZENT.**

# GETTING STARTED ON MAYZENT<sup>®</sup> IS SIMPLE

Once you've finished step 1 with your pretests, you'll be ready to start step 2: taking MAYZENT.

## You'll begin with "titration"

This is when you slowly increase the dose to help your body adjust.

Follow the instructions in this brochure to get started on the right track.



**Titration is really important**—so don't skip this step.



If you need help, your Alongside Coordinator can walk you through it! Give them a call if you have any questions, or to schedule a supplemental **1-on-1 video demonstration**.

Information provided by Alongside™ MAYZENT is for educational purposes only and is not intended to replace discussions with a health care provider. All medical decisions regarding patient care must be made with your health care provider.

## IMPORTANT SAFETY INFORMATION

**Do not take MAYZENT if you (cont):**

- have had a heart attack, chest pain called unstable angina, stroke or mini-stroke (transient ischemic attack or TIA), or certain types of heart failure in the last 6 months
- have certain types of heart block or irregular or abnormal heartbeat (arrhythmia), unless you have a pacemaker

**MAYZENT may cause serious side effects, including:**

**1. Slow heart rate (bradycardia or bradyarrhythmia) when you start taking MAYZENT.**

MAYZENT can cause your heart rate to slow down, especially after you take your first dose. You should have a test to check the electrical activity of your heart called an electrocardiogram (ECG) before you take your first dose of MAYZENT.

During the initial up dosing period (4 days for the 1-mg daily dose or 5 days for the 2-mg daily dose), if you miss 1 or more doses of MAYZENT, you need to restart the up dosing. Call your health care provider if you miss a dose of MAYZENT.

## Know your dose

MAYZENT comes in 2 doses, 1 mg and 2 mg. Your doctor determined the right dose for you based on your genetic pretest. You can find your prescription on your pill bottle.

- To start MAYZENT 2 mg, you'll titrate with a 12-tablet **Starter Pack**
- To start MAYZENT 1 mg, you'll titrate with a 7-tablet **Starter Pack** [or **starter bottle**]

## How to store your medication



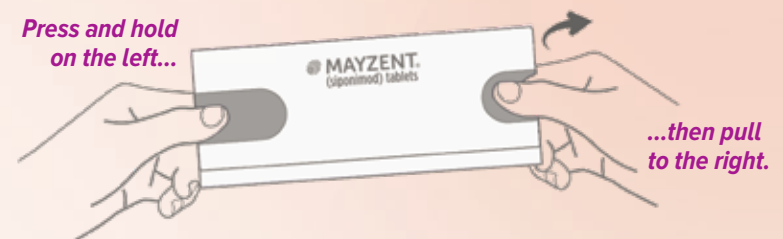
### Unopened

- Store the Starter Pack or prescription bottle of MAYZENT at room temperature (**68 °F to 77 °F**) for up to **3 months**, if left unopened
- However, if you need to store MAYZENT tablets for **longer**, containers should remain unopened and stored in a refrigerator between **36 °F and 46 °F** until use

### Opened

- Once opened, you can keep them at room temperature (**68 °F to 77 °F**) for up to **3 months**
- Do not refrigerate after opening
- Store your medication in its original container

## Opening the MAYZENT Starter Pack



Please see additional Important Safety Information throughout the brochure and the full **Prescribing Information**, including **Medication Guide**, for MAYZENT.

Alongside™  
**MAYZENT**<sup>®</sup>  
(siponimod) 1 mg • 2 mg  
tablets



## Starting MAYZENT® 2 mg

Stick to this treatment schedule for the first 5 days, until you reach your full-strength maintenance dose on Day 6.

### START


DAY 1  0.25 mg

DAY 2  0.25 mg

DAY 3   2 x 0.25 mg

DAY 4    3 x 0.25 mg

DAY 5      5 x 0.25 mg

DAY 6  2 mg **Start taking the 2-mg maintenance dose of 1 pill, once a day, with or without food.**

Not actual pill size. Pill color may vary.

## IMPORTANT SAFETY INFORMATION

**MAYZENT may cause serious side effects, including (cont):**

**2. Infections.** MAYZENT can increase your risk of serious infections that can be life-threatening and cause death. MAYZENT lowers the number of white blood cells (lymphocytes) in your blood. This will usually go back to normal within 3 to 4 weeks of stopping treatment. Your health care provider should review a recent blood test of your white blood cells before you start taking MAYZENT.

Call your health care provider right away if you have any of these symptoms of an infection during treatment with MAYZENT and for 3 to 4 weeks after your last dose of MAYZENT:

- fever
- tiredness
- body aches
- chills



## Starting MAYZENT 1 mg


Stick to this treatment schedule for the first 4 days, until you reach your full-strength maintenance dose on Day 5.





### START

DAY 1  0.25 mg


DAY 2  0.25 mg

DAY 3   2 x 0.25 mg

DAY 4    3 x 0.25 mg

DAY 5     4 x 0.25 mg **For 0.25-mg pills: Start taking the 1-mg maintenance dose of 4 pills, once a day, with or without food.**

### OR

DAY 5  1 x 1 mg **For 1-mg pill: Start taking the 1-mg maintenance dose of 1 pill, once a day, with or without food.**



## DON'T MISS A DOSE

If you forget to take one of your titration doses, take it as soon as you remember that same day. If it's been more than 24 hours since you were supposed to take your last dose during the titration period, call your doctor right away, as you will need to start over.

- nausea
- vomiting
- headache with fever, neck stiffness, sensitivity to light, nausea, confusion (these may be symptoms of meningitis, an infection of the lining around your brain and spine, and/or encephalitis, an infection of the brain)

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# IMPORTANT SAFETY INFORMATION



## MAYZENT may cause serious side effects, including (cont):

**3. Progressive multifocal leukoencephalopathy (PML).** MAYZENT can increase your risk for PML, which is a rare brain infection that usually leads to death or severe disability. If PML happens, it usually happens in people with weakened immune systems but has happened in people who do not have weakened immune systems. Symptoms of PML get worse over days to weeks. Call your doctor right away if you have any new or worsening neurologic symptoms that have lasted several days, including:

- weakness on 1 side of your body
- changes in your vision
- loss of coordination in your arms and legs
- changes in your thinking or memory
- decreased strength
- confusion
- problems with balance
- changes in your personality

**4. A problem with your vision called macular edema.** Macular edema can cause some of the same vision symptoms as a multiple sclerosis (MS) attack (optic neuritis). You may not notice any symptoms with macular edema. If macular edema happens, it usually starts in the first 1 to 4 months after you start taking MAYZENT. Your health care provider should test your vision before you start taking MAYZENT and any time you notice vision changes during treatment with MAYZENT. Your risk of macular edema is higher if you have diabetes or have had an inflammation of your eye called uveitis.

Call your health care provider right away if you have any of the following: blurriness or shadows in the center of your vision, a blind spot in the center of your vision, sensitivity to light, or unusually colored (tinted) vision.

## Before taking MAYZENT, tell your health care provider about all of your medical conditions, including if you:

- have an irregular or abnormal heartbeat
- have a history of stroke or other diseases related to blood vessels in the brain
- have breathing problems, including during your sleep
- have a fever or infection, or you are unable to fight infections due to a disease or are taking medicines that lower your immune system. Tell your health care provider if you have had chickenpox or have received the vaccine for chickenpox. Your health care provider may do a blood test for chickenpox virus. You may need to get the full course of vaccine for chickenpox and then wait 1 month before you start taking MAYZENT.
- have slow heart rate
- have liver problems
- have diabetes
- have eye problems, especially an inflammation of the eye called uveitis
- had or now have a type of skin cancer called basal cell carcinoma (BCC), melanoma, or squamous cell carcinoma (SCC)
- have high blood pressure
- are pregnant or plan to become pregnant. MAYZENT may harm your unborn baby. Talk to your health care provider right away if you become pregnant while taking MAYZENT or if you become pregnant within 10 days after you stop taking MAYZENT.
  - If you are a woman who can become pregnant, you should use effective birth control during your treatment with MAYZENT and for at least 10 days after you stop taking MAYZENT.
- **Pregnancy Registry:** There is a registry for women who become pregnant during treatment with MAYZENT. If you become pregnant while taking MAYZENT, talk to your health care provider. For more information or to register, contact MotherToBaby by calling 1-877-311- 8972, by sending an email to [MotherToBaby@health.ucsd.edu](mailto:MotherToBaby@health.ucsd.edu), or go to [www.mothertobaby.org/join-study](http://www.mothertobaby.org/join-study).
- are breastfeeding or plan to breastfeed. It is not known if MAYZENT passes into your breast milk. Talk to your health care provider about the best way to feed your baby if you take MAYZENT.

**Tell your health care provider about all the medicines you take, including** prescription medicines, over-the-counter medicines, vitamins, and herbal supplements. Especially tell your health care provider if you take medicines to control your heart rhythm (anti-arrhythmics), or blood pressure (antihypertensives), or heart beat (such as calcium channel blockers or beta-blockers); take medicines that affect your immune system, such as beta-interferon or glatiramer acetate, or any of these medicines that you took in the past.

Tell your health care provider if you have recently received a live vaccine. You should avoid receiving **live** vaccines during treatment with MAYZENT. MAYZENT should be stopped 1 week before and for 4 weeks after receiving a live vaccine. If you receive a live vaccine, you may get the infection the vaccine was meant to prevent. Vaccines may not work as well when given during treatment with MAYZENT.

## MAYZENT may cause possible side effects, including:

- **increased blood pressure.** Your health care provider should check your blood pressure during treatment with MAYZENT.
- **liver problems.** MAYZENT may cause liver problems. Your health care provider should do blood tests to check your liver before you start taking MAYZENT. Call your health care provider right away if you have any of the following symptoms of liver problems:
  - nausea
  - vomiting
  - stomach pain
  - tiredness
  - loss of appetite
  - your skin or the whites of your eyes turn yellow
  - dark urine
- **breathing problems.** Some people who take MAYZENT have shortness of breath. Call your health care provider right away if you have new or worsening breathing problems.
- **swelling and narrowing of the blood vessels in your brain.** A condition called PRES (Posterior Reversible Encephalopathy Syndrome) has happened with drugs in the same class. Symptoms of PRES usually get better when you stop taking MAYZENT. However, if left untreated, it may lead to a stroke. Call your health care provider right away if you have any of the following symptoms: sudden severe headache, sudden confusion, sudden loss of vision or other changes in vision, or seizure.
- **severe worsening of multiple sclerosis after stopping MAYZENT.** When MAYZENT is stopped, symptoms of MS may return and become worse compared to before or during treatment. Always talk to your doctor before you stop taking MAYZENT for any reason. Tell your health care provider if you have worsening symptoms of MS after stopping MAYZENT.
- **a type of skin cancer called basal cell carcinoma (BCC), melanoma, and squamous cell carcinoma (SCC).** Tell your doctor if you have any changes in the appearance of your skin, including changes in a mole, a new darkened area on your skin, a sore that does not heal, or growths on your skin, such as a bump that may be shiny, pearly white, skin-colored, or pink. Your doctor should check your skin for any changes at the start of and during treatment with MAYZENT. Limit the amount of time you spend in sunlight and ultraviolet (UV) light. Wear protective clothing and use a sunscreen with a high sun protection factor.

**The most common side effects of MAYZENT include:** headache, high blood pressure (hypertension), and abnormal liver tests.

These are not all of the possible side effects of MAYZENT. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

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# STAY ON TRACK

Check the box for each day of titration. Once finished, you're ready to take your full-strength prescription.

If your doctor prescribed a daily 2-mg maintenance dose



If your doctor prescribed a daily 1-mg maintenance dose



With **Alongside™ MAYZENT®**, you're prepared for what's next.



Reach out to your Coordinator if you have questions about taking MAYZENT. They'll put your mind at ease by setting up personalized reminders, helping with refills, and more.

Give us a call at **1-877-MAYZENT (1-877-629-9368)**  
Monday–Friday, 8 AM–8 PM ET.

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