Starting MAYZENT® (siponimod)

Support and a step-by-step guide to successfully begin treatment with MAYZENT.

What is MAYZENT® (siponimod) tablets?
MAYZENT is a prescription medicine that is used to treat relapsing forms of multiple sclerosis, to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.

It is not known if MAYZENT is safe and effective in children.

IMPORTANT SAFETY INFORMATION

Do not take MAYZENT if you:
- have a CYP2C9*3/*3 genotype. Before starting treatment with MAYZENT, your CYP2C9 genotype should be determined by your health care provider. Ask your health care provider if you are not sure.
- have had a heart attack, chest pain called unstable angina, stroke or mini-stroke (transient ischemic attack or TIA), or certain types of heart failure in the last 6 months
- have certain types of heart block or irregular or abnormal heartbeat (arrhythmia), unless you have a pacemaker

Please see additional Important Safety Information throughout this brochure and click here for full Prescribing Information, including Medication Guide.
Alongside MS™ is here to help make starting treatment easier

Everyone’s multiple sclerosis (MS) experience is different, which is why it can be so unpredictable. That’s why Alongside MS has been designed for you, to provide the help you need every step of the way. You can count on us for:

- **Financial assistance and coverage support**—We’ll check with your insurance to confirm coverage and offer a $0 co-pay* if you qualify, so you can focus on treatment
- **Help getting started**—We’ll be by your side as you begin treatment, and along your treatment journey
- **One-on-one support†**—A dedicated Alongside MS coordinator will offer guidance, answer many of your questions, and even set up personalized reminders to help you stay on track with treatment, as prescribed by your doctor

What is titration?

**Titration is how MAYZENT® (siponimod) tablets treatment begins.**

Titration is the process of gradually increasing the dose of MAYZENT to help your body adjust. By the time you complete the titration regimen, your body should be ready for you to begin taking the maintenance dose.

**DO NOT SKIP THIS STEP.**

*Limitations apply. Up to a $18,000 annual limit. Offer not valid under Medicare, Medicaid, or any other federal or state program. Novartis reserves the right to rescind, revoke, or amend this program without notice. See complete Terms & Conditions for details at www.mayzent.com.

†Information provided by Alongside MS is for educational purposes only and is not intended to replace discussions with a health care provider. All medical decisions regarding patient care must be made with your health care provider.

**IMPORTANT SAFETY INFORMATION (cont)**

**MAYZENT may cause serious side effects, including:**

**Slow heart rate (bradycardia or bradyarrhythmia) when you start taking MAYZENT.** MAYZENT can cause your heart rate to slow down, especially after you take your first dose. You should have a test to check the electrical activity of your heart called an electrocardiogram (ECG) before you take your first dose of MAYZENT. During the initial updosing period (4 days for the 1-mg daily dose or 5 days for the 2-mg daily dose), if you miss 1 or more doses of MAYZENT, you need to restart the updosing. Call your health care provider if you miss a dose of MAYZENT.

Please see additional Important Safety Information throughout this brochure and [click here](#) for full Prescribing Information, including Medication Guide.
Please follow these step-by-step instructions to begin taking MAYZENT® (siponimod) tablets

1. First, you will titrate
   Do not skip this step.

2. Then, you will begin your maintenance dose

In the following sections, we’ll explain these 2 steps
Before starting treatment with MAYZENT, you will have a blood test to identify your maintenance dose.

IMPORTANT SAFETY INFORMATION (cont)
MAYZENT may cause serious side effects, including: (cont)
Infections. MAYZENT can increase your risk of serious infections that can be life-threatening and cause death. MAYZENT lowers the number of white blood cells (lymphocytes) in your blood. This will usually go back to normal within 3 to 4 weeks of stopping treatment. Your health care provider should review a recent blood test of your white blood cells before you start taking MAYZENT.
Call your health care provider right away if you have any of these symptoms of an infection during treatment with MAYZENT and for 3 to 4 weeks after your last dose of MAYZENT:
- fever
- tiredness
- body aches
- chills
- nausea
- vomiting
- headache with fever, neck stiffness, sensitivity to light, nausea, confusion (these may be symptoms of meningitis, an infection of the lining around your brain and spine)

Please see additional Important Safety Information throughout this brochure and click here for full Prescribing Information, including Medication Guide.
Your doctor will prescribe the right dose for you

If your doctor prescribes a daily 2-mg dose, go to page 5

OR

If your doctor prescribes a daily 1-mg dose, go to page 7

IMPORTANT SAFETY INFORMATION (cont)

MAYZENT® (siponimod) tablets may cause serious side effects, including:

A problem with your vision called macular edema. Macular edema can cause some of the same vision symptoms as a multiple sclerosis (MS) attack (optic neuritis). You may not notice any symptoms with macular edema. If macular edema happens, it usually starts in the first 1 to 4 months after you start taking MAYZENT. Your health care provider should test your vision before you start taking MAYZENT and any time you notice vision changes during treatment with MAYZENT. Your risk of macular edema is higher if you have diabetes or have had an inflammation of your eye called uveitis.

Call your health care provider right away if you have any of the following: blurriness or shadows in the center of your vision, a blind spot in the center of your vision, sensitivity to light, or unusually colored (tinted) vision.

Please see additional Important Safety Information throughout this brochure and click here for full Prescribing Information, including Medication Guide.
If your doctor prescribes a 2-mg maintenance dose

Treatment initiation begins with a Starter Pack that contains the pills you’ll take consecutively from Day 1 to Day 5

During your 5-day titration period, the number of pills you take from the Starter Pack will gradually increase. From Day 1 to Day 5, you must follow the dosing schedule on the next page.

To open the Starter Pack, press and hold on the left, and pull on the right. You’ll find these instructions and the dosing schedule printed on the Starter Pack as well.

Press and hold... ...then pull

IMPORTANT SAFETY INFORMATION (cont)
Before taking MAYZENT® (siponimod) tablets, tell your health care provider about all of your medical conditions, including if you:
• have an irregular or abnormal heartbeat
• have a history of stroke or other diseases related to blood vessels in the brain
• have breathing problems, including during your sleep
• have a fever or infection, or you are unable to fight infections due to a disease or are taking medicines that lower your immune system. Tell your health care provider if you have had chickenpox or have received the vaccine for chickenpox. Your health care provider may do a blood test for chickenpox virus. You may need to get the full course of vaccine for chickenpox and then wait 1 month before you start taking MAYZENT.

Please see additional Important Safety Information throughout this brochure and click here for full Prescribing Information, including Medication Guide.
Once you’ve completed titration, you’ll take your MAYZENT® (siponimod) tablets maintenance dose every day, as prescribed.

### Starting the maintenance dose

<table>
<thead>
<tr>
<th>1 pill a day</th>
<th>Take 1 pill every day, with or without food, beginning on Day 6.</th>
</tr>
</thead>
</table>

- If you forget to take your titration dose, take it as soon as you remember that same day.
- If it’s been greater than 24 hours since you were supposed to take your last dose during the 5-day titration period, call your doctor right away.

**IMPORTANT SAFETY INFORMATION (cont)**

Before taking MAYZENT, tell your health care provider about all of your medical conditions, including if you: (cont)

- have slow heart rate
- have liver problems

Please see additional Important Safety Information throughout this brochure and click here for full Prescribing Information, including Medication Guide.
If your doctor prescribes a 1-mg maintenance dose

A Starter Pack is not required for your titration period. During your 4-day titration period, the number of pills you take will gradually increase. From Day 1 to Day 4, you must follow the dosing schedule below.

<table>
<thead>
<tr>
<th>Titrate by using one of your 0.25 mg bottles</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Diagram of titration schedule]</td>
</tr>
</tbody>
</table>

After your 4-day titration, you’ll take your MAYZENT® (siponimod) tablets maintenance dose every day, as prescribed.

<table>
<thead>
<tr>
<th>Starting the maintenance dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Maintenance dose tablet]</td>
</tr>
</tbody>
</table>

- If you forget to take your titration dose, take it as soon as you remember that same day
- If it’s been greater than 24 hours since you were supposed to take your last dose during the 4-day titration period, call your doctor right away

IMPORTANT SAFETY INFORMATION (cont)

Before taking MAYZENT, tell your health care provider about all of your medical conditions, including if you: (cont)
- have diabetes

Please see additional Important Safety Information throughout this brochure and click here for full Prescribing Information, including Medication Guide.
Storing your medication

Make sure to store MAYZENT® (siponimod) tablets properly. Your medication should be kept refrigerated until opened.

After opening, the Starter Pack can be stored at room temperature (68°F to 77°F) for up to 1 week.

After opening, the prescription bottles for the 0.25-mg and 2-mg tablets can be stored at room temperature (68°F to 77°F) for up to 1 month.

Store your medication in its original container.

IMPORTANT SAFETY INFORMATION (cont)

Before taking MAYZENT, tell your health care provider about all of your medical conditions, including if you: (cont)

• have eye problems, especially an inflammation of the eye called uveitis
• have high blood pressure
• are pregnant or plan to become pregnant. MAYZENT may harm your unborn baby. Talk to your health care provider right away if you become pregnant while taking MAYZENT or if you become pregnant within 10 days after you stop taking MAYZENT.
  • If you are a woman who can become pregnant, you should use effective birth control during your treatment with MAYZENT and for at least 10 days after you stop taking MAYZENT.
• are breastfeeding or plan to breastfeed. It is not known if MAYZENT passes into your breast milk. Talk to your health care provider about the best way to feed your baby if you take MAYZENT.

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• have had a heart attack, chest pain called unstable angina, stroke or mini-stroke (transient ischemic attack or TIA), or certain types of heart failure in the last 6 months
• have certain types of heart block or irregular or abnormal heartbeat (arrhythmia), unless you have a pacemaker

MAYZENT may cause serious side effects, including:
1. Slow heart rate (bradycardia or bradyarrhythmia) when you start taking MAYZENT. MAYZENT can cause your heart rate to slow down, especially after you take your first dose. You should have a test to check the electrical activity of your heart called an electrocardiogram (ECG) before you take your first dose of MAYZENT.

During the initial updosing period (4 days for the 1-mg daily dose or 5 days for the 2-mg daily dose), if you miss 1 or more doses of MAYZENT, you need to restart the updosing. Call your health care provider if you miss a dose of MAYZENT.

2. Infections. MAYZENT can increase your risk of serious infections that can be life-threatening and cause death. MAYZENT lowers the number of white blood cells (lymphocytes) in your blood. This will usually go back to normal within 3 to 4 weeks of stopping treatment. Your health care provider should review a recent blood test of your white blood cells before you start taking MAYZENT.

Call your health care provider right away if you have any of these symptoms of an infection during treatment with MAYZENT and for 3 to 4 weeks after your last dose of MAYZENT:
• fever
• tiredness
• body aches
• chills
• nausea
• vomiting
• headache with fever, neck stiffness, sensitivity to light, nausea, confusion (these may be symptoms of meningitis, an infection of the lining around your brain and spine)

Please see additional Important Safety Information throughout this brochure and click here for full Prescribing Information, including Medication Guide.
3. A problem with your vision called macular edema. Macular edema can cause some of the same vision symptoms as a multiple sclerosis (MS) attack (optic neuritis). You may not notice any symptoms with macular edema. If macular edema happens, it usually starts in the first 1 to 4 months after you start taking MAYZENT® (siponimod) tablets. Your health care provider should test your vision before you start taking MAYZENT and any time you notice vision changes during treatment with MAYZENT. Your risk of macular edema is higher if you have diabetes or have had an inflammation of your eye called uveitis.

Call your health care provider right away if you have any of the following: blurriness or shadows in the center of your vision, a blind spot in the center of your vision, sensitivity to light, or unusually colored (tinted) vision.

**Before taking MAYZENT, tell your health care provider about all of your medical conditions, including if you:**

- have an irregular or abnormal heartbeat
- have a history of stroke or other diseases related to blood vessels in the brain
- have breathing problems, including during your sleep
- have a fever or infection, or you are unable to fight infections due to a disease or are taking medicines that lower your immune system. Tell your health care provider if you have had chickenpox or have received the vaccine for chickenpox. Your health care provider may do a blood test for chickenpox virus. You may need to get the full course of vaccine for chickenpox and then wait 1 month before you start taking MAYZENT.
- have slow heart rate
- have liver problems
- have diabetes
- have eye problems, especially an inflammation of the eye called uveitis
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- are pregnant or plan to become pregnant. MAYZENT may harm your unborn baby. Talk to your health care provider right away if you become pregnant while taking MAYZENT or if you become pregnant within 10 days after you stop taking MAYZENT.
  - If you are a woman who can become pregnant, you should use effective birth control during your treatment with MAYZENT and for at least 10 days after you stop taking MAYZENT.
- are breastfeeding or plan to breastfeed. It is not known if MAYZENT passes into your breast milk. Talk to your health care provider about the best way to feed your baby if you take MAYZENT.
Tell your health care provider about all the medicines you take, including prescription medicines, over-the-counter medicines, vitamins, and herbal supplements. Especially tell your health care provider if you take medicines to control your heart rhythm (anti-arrhythmics), or blood pressure (antihypertensives), or heart beat (such as calcium channel blockers or beta-blockers); take medicines that affect your immune system, such as beta-interferon or glatiramer acetate, or any of these medicines that you took in the past. Tell your health care provider if you have recently received a live vaccine. You should avoid receiving live vaccines during treatment with MAYZENT® (siponimod) tablets. MAYZENT should be stopped 1 week before and for 4 weeks after receiving a live vaccine. If you receive a live vaccine, you may get the infection the vaccine was meant to prevent. Vaccines may not work as well when given during treatment with MAYZENT.

MAYZENT may cause possible side effects, including:

- **increased blood pressure.** Your health care provider should check your blood pressure during treatment with MAYZENT.
- **liver problems.** MAYZENT may cause liver problems. Your health care provider should do blood tests to check your liver before you start taking MAYZENT. Call your health care provider right away if you have any of the following symptoms of liver problems:
  - nausea
  - vomiting
  - stomach pain
  - loss of appetite
  - your skin or the whites of your eyes turn yellow
  - dark urine
  - tiredness

- **breathing problems.** Some people who take MAYZENT have shortness of breath. Call your health care provider right away if you have new or worsening breathing problems.

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IMPORTANT SAFETY INFORMATION (cont)

- **swelling and narrowing of the blood vessels in your brain.** A condition called PRES (Posterior Reversible Encephalopathy Syndrome) has happened with drugs in the same class. Symptoms of PRES usually get better when you stop taking MAYZENT® (siponimod) tablets. However, if left untreated, it may lead to a stroke. Call your health care provider right away if you have any of the following symptoms: sudden severe headache, sudden confusion, sudden loss of vision or other changes in vision, or seizure.

- **severe worsening of multiple sclerosis after stopping MAYZENT.** When MAYZENT is stopped, symptoms of MS may return and become worse compared to before or during treatment. Always talk to your doctor before you stop taking MAYZENT for any reason. Tell your health care provider if you have worsening symptoms of MS after stopping MAYZENT.

The most common side effects of MAYZENT include: headache, high blood pressure (hypertension), and abnormal liver tests. These are not all of the possible side effects of MAYZENT. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Click here to see full Prescribing Information, including Medication Guide.
When you’re ready to start MAYZENT® (siponimod) tablets we’ll be ready to help

Call us anytime at 1-877-MAYZENT (1-877-629-9368), 24 hours a day, 7 days a week.

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